



# PET FIRST AID KIT CHECKLIST

Be prepared. Be calm. Be their first help.



Accidents can happen at any time. A well-stocked pet first aid kit at home or in your car can make all the difference before you reach the veterinarian.



## KIT ESSENTIALS

- |  |   |
|--|---|
| <input type="checkbox"/> Adhesive bandages (various sizes)             | <input type="checkbox"/> Digital thermometer (rectal)       |
| <input type="checkbox"/> Gauze pads & rolls                            | <input type="checkbox"/> Tweezers (for splinters & ticks)   |
| <input type="checkbox"/> Self-adhesive wrap (Coban)                    | <input type="checkbox"/> Styptic powder (for nail bleeding) |
| <input type="checkbox"/> Medical tape                                  | <input type="checkbox"/> Scissors (blunt tip)               |
| <input type="checkbox"/> Antiseptic wipes (alcohol-free)               | <input type="checkbox"/> Disposable gloves                  |
| <input type="checkbox"/> Saline solution (for flushing wounds or eyes) | <input type="checkbox"/> Instant cold pack                  |
| <input type="checkbox"/> Non-stick pads                                | <input type="checkbox"/> Muzzle (soft)                      |



## WHEN TO USE FIRST AID

- Minor cuts, scrapes, or bleeding
- Paw pad injuries
- Nail bleeding
- Eye irritation or flushing
- Tick or splinter removal
- Minor burns (cooling only)
- Stabilizing injuries during transport



First aid is NOT a replacement for veterinary care. It is to stabilize, relieve discomfort, and prevent the condition from worsening.



## WARNING SIGNS

- Difficulty breathing
- Heavy panting or open-mouth breathing
- Collapse or unable to stand
- Seizures or loss of consciousness
- Profuse bleeding
- Severe vomiting or diarrhea
- Swelling of face or throat
- Poisoning symptoms

These are emergencies. Contact your veterinarian immediately.



## WHAT TO DO

- Assess the situation. Stay calm.
- Keep your pet safe and still.
- Check vital signs (breathing, gums, pulse).
- Provide first aid as needed.
- Transport to your veterinarian as soon as possible.
- Bring this checklist with you.



## WHAT TO AVOID

- Do not give human medications (pain relievers, aspirin, etc.).
- Do not induce vomiting unless directed by a vet or poison control.
- Do not apply hydrogen peroxide or alcohol to wounds.
- Do not leave serious injuries untreated.
- Do not delay veterinary care.



## EMERGENCY CONTACTS

Primary Veterinarian: \_\_\_\_\_

Veterinary Phone: \_\_\_\_\_

Emergency Contact (Person I Trust): \_\_\_\_\_

Emergency Phone: \_\_\_\_\_



Keep your kit in an easy-to-reach place at home and in your car.



Check your kit every 3–6 months and replace expired items.

## TRUSTED RESOURCES

- Best Friends Animal Society
- ASPCA
- AVMA